

SAM 2024-2025

NOVEMBER 13, 2024

3:00 PM-4:30 PM

SAN DAMIANO ON CAMPUS

INTRODUCTORY MEETING

*DURING YOUR DISCUSSION, CONSIDER THESE
QUESTIONS:*

(NEXT MEETING DEC 4, 2024)

1

Where did you grow up?
What did you like most about it?

2

What is your educational background?

3

How did you discover your
professional/educational path?

4

What are you passionate about?
Do you volunteer anywhere?

5

What quote or motto is your favorite?
Why?

SAM 2024-2025

DECEMBER 4, 2024
3:00 PM-4:00 PM
SAN DAMIANO ON
CAMPUS

PROTOTYPING- MAKING DECISIONS

CONSIDER THESE QUESTIONS DURING YOUR
CONVERSATION:

(NEXT MEETING
JAN 14TH, 2025 ONLINE)

1

How do you approach making big decisions?

2

Is there a current decision that you need to make?

3

What role do the opinions of others play in making decisions?

4

What is your favorite phase when prototyping?

5

What are some techniques you use to get unstuck?

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JAN 14, 2025
ONLINE MEETING
3:00 PM-4:00 PM

MIND MAPPING FOR INSPIRATION

Good Time Journal Activity

*DURING YOUR DISCUSSION, CONSIDER
THESE QUESTIONS/STATEMENTS:*

1

Have you used mind mapping before?

2

Do you typically think linearly or do you think laterally?

3

Is your calendar color coded?

4

Do you enjoy creative thinking?

5

Did mindmapping generate connections to other ideas for you?

(NEXT MEETING FEBRUARY 12, 2025)

SAM 2024-2025

**FEB 12, 2025
3:00 PM-4:00 PM
SAN DAMIANO ON
CAMPUS**

PERMA

*DURING YOUR DISCUSSION, CONSIDER THESE
QUESTIONS/STATEMENTS:*

(NEXT MEETING MAR 11, 2025)

1

Positive Emotion: What activities do you enjoy?

2

Engagement: What percentage of your time do you spend in the present moment?

3

Relationships: How would you describe your relationships with other people?

4

Meaning: Are you doing things that are valuable and worthwhile?

5

Accomplishment: What do you want to accomplish in your life?

SAM 2024-2025

**MAR 11, 2025
3:00 PM-4:00 PM
SAN DAMIANO ON
CAMPUS**

ODYSSEY PLANS

*DURING YOUR DISCUSSION, CONSIDER THESE
QUESTIONS/STATEMENTS:*

*(AWARDS MEETING WILL BE
ONLINE APR 5, 2025)*

1

Have you ever day dreamed about a future life?

2

How comfortable are you with the concept of prototyping?

3

How do you feel about the plan?

4

What is your confidence level of the plan?

5

When you think about your values and views is the plan coherent with those?